

TasRec Calendar

Term 2: April – June 2021



How the Program Works

Week one from the 12th – 16th April is our taster week. Come along to all sessions and try them out! Then we have a 10 week term, commencing 19th April to the 25th June, where participants book into the 10 sessions for the activities they wish to attend.

Workshop Overview

| TasTracks | Open Arts | Sports Activities | Just Move | Cooking | Singing |
|---|--|---|---|---|---|
| Walks in and around Hobart with transport from Hobart or meeting at the walk location. A list of location starting points will be provided once participants have booked in. Venue: Patrick St / location | Includes painting, drawing, pottery. Venue: Patrick St | In conjunction with Reclink – includes table tennis and Yoga. Venue: Patrick St | Circuit based exercise program. Venues: Leap Physio, Bayfield St, Rosny Glenorchy YMCA, Constance Ave Huonville PCYC 40 – 72 Wilmot Rd | Includes basic cooking skills, planning meals, shopping, snacks and participant led dishes. Venue: Patrick St | The chance to sing as a group or on your own to your favourite tracks!! Venue: Patrick St |

Timetable

| DAY | WORKSHOP | LOCATION | WITH | TIME |
|-----------|-------------------|-----------------------|-------|-------------------|
| Monday | TasTracks | Patrick St / location | Tara | 10:30am – 12:30pm |
| Tuesday | Open Arts | Patrick St | Linda | 10:30am – 12.30pm |
| Wednesday | Just Move | Huonville | Sara | 1:00pm – 2:00pm |
| | Sports Activities | Patrick St / location | Tara | 2:00pm – 4:00pm |
| Thursday | Just Move | Rosny | Tara | 12:00pm – 1:00pm |
| | | Glenorchy | Tara | 1:30pm – 2:30pm |
| Friday | Cooking | Patrick St | Linda | 10:00am – 12:30pm |
| | Singing | Patrick St | Linda | 1:00pm – 2:30pm |

Bookings

Phone: 1800TASREC (1800827732)
 Email: referrals@richmond futures.com.au
 Online: rftas.org.au/tasrec-online-booking

Enquiries

Leader: Nadia Cole
 Phone: 0439 952 252
 Email: nadiac@rftas.org.au

Venue: Richmond Fellowship Tasmania
 29 Patrick Street, Hobart
 (Except TasTracks, Sports Activities & Just Move)

